I, the undersigned, do hereby voluntarily submit my application for attendance and participation in the CYC 2019 Summer Games and hereby assume full responsibility for any and all damages, injuries, or losses that I may sustain or incur if any while attending or participating. I waive all claims against the promoters, operators, hosts, sponsors or staff of the CYC 2019 Summer Games and the Northern California Taekwondo Association, individually or otherwise for any claim for injuries that I may sustain. I fully understand that any medical treatment given to me will be of a first aid treatment type only. I consent that any pictures furnished by me or any pictures taken of me in connection with the championship can be used for publicity, promotion, or television shows, and I waive compensation in regards thereto. If under 18 years of age, this release and consent must be signed by a parent or legal guardian.

Signature